

Frequently Asked Questions: G Day Toronto 2019

So...What exactly is G Day Toronto?

[G Day Toronto](#) is a one-day event designed to celebrate and empower girls* age 10 to 12, as they take their first steps on the journey toward adulthood. G Day supports the development of positive self-esteem and healthy peer and family relationships in a community context and includes parents and other supportive adults in girls' lives.

**G Day welcomes female-identified youth approximately age 10-12*

When is G Day Toronto?

G Day Toronto 2019 is happening on Saturday, October 19th 2019 from 9:00AM to 4:00PM (Eastern). Visit the [G Day registration page](#) for more information. Programming will start promptly at 9:45AM and so we encourage guests to arrive in between 9:00AM - 9:30AM for registration.

Where will it be held?

G Day Toronto 2019 will be held at [Artscape Daniels Launchpad](#) which is located at 130 Queens Quay East, East Wing – 4th Floor, Toronto.

How do I buy tickets?

Tickets are available from the [G Day Toronto 2019 website](#) or directly from [Eventbrite](#).

If you would like more information about G Day prior to purchase you can check out our event page [here](#). If you are ready to buy your tickets you can go directly [here](#)! G Day is deeply committed to being as inclusive as possible. Free tickets are available for families who would not otherwise be able to attend. [Please fill out this form](#) or email toronto@gday.world to let us know how we can make it possible for you to join us!

Want to "send a girl to G Day"?

Donations of \$25 or more provides tickets for girls with financial barriers. Any amount that people are able to contribute is greatly appreciated as the actual cost of each ticket is approximately \$100/girl. [Click here for more details](#).

Is the location accessible?

[Artscape Daniels Launchpad](#) is wheelchair accessible. Please contact us at toronto@gday.world if you have specific questions or needs.

Is there parking?

There is no free parking near our location. There is underground parking at 130 Queens Quay East, accessible from Richardson Street. There is additional parking across the street in front of Corus Quay or at the Loblaws on the corner of Jarvis and Queens Quay.

How can I access Launchpad by public transit?

Our location is easily accessed via TTC on the 6 Bay bus or 75 Sherbourne bus. It is a 15 minute walk from Union Station.

Are snacks or lunch provided?

Ticket price includes nutritious snacks, tea and coffee and a sweet treat. All food items provided will have nut-free, gluten-free and dairy/animal ingredient-free option. Please feel free to bring whatever additional nourishment works best for you and your family.

LUNCH IS NOT PROVIDED. Girls and Adults must bring their own NUT-FREE lunches. If you require free lunch assistance please indicate on the registration form when you purchase tickets or send us an email at toronto@gday.world

How can I volunteer?

Each G Day event is staffed by a crew of amazing local volunteers. It's a fun, very busy day of diverse activities that go into making G Day as special as possible. Volunteers are also invited to enjoy the presentations and participate as much as their responsibilities allow. [Click here to sign up to volunteer.](#)

Volunteer Positions Available:

- (5) Set up/Catering/Take down: Help set up the venue at the beginning of the day, put out and clean up food items throughout the day and support with venue clean up at the end of the day. Arrive at 7am, Leave at 5pm
- (6) Registration: Greet attendees in the morning at the Registration Table, provide information and track registration. Arrive at 8am, Leave at 4pm
- (5) Greeters: Greet attendees in the morning, provide information and directions, usher attendees after breaks and lunch, assist with transitions, ensure safety (no girls exiting building). Make sure all girls who are not accompanied by an adult have someone picking them up. Arrive at 8am, Leave at 4pm
- (15) Circle Leaders. Convene groups of girls to welcome them to G Day, facilitate small group conversations, ensure no girl is left out, make sure the girls are safe and having

fun. Circle Leaders are adults with demonstrated interest and experience in facilitation and are positive role models for G Day participants whose job it is to hold energetic/emotional space for sharing and conversations. Arrive at 8am, Leave at 4pm

To sign up as a G Day Toronto volunteer, [click here!](#)

Is G Day Toronto on social media?

Of course we are! Follow [G Day Toronto on Instagram here](#) Instagram and [Facebook here](#). And tell us if you're interested or going to attend G Day on our [Facebook event here!](#)

G Day Toronto handles for Facebook and Instagram: @gdaytoronto
G Day Toronto hashtags: #GDayTO #GDayToronto #GDayforGirls

Why is G Day only for girls ages 10 to 12? How flexible is this?

G Day girls are approximately 10 to 12 years old at the time of G Day events, or born 10 to 12 years prior to the event date. For 2019 G Days, we are including girls born in 2007, 2008 or 2009.

There will always be exceptions (girls with cusp birth dates, etc.). Community Leaders may use their discretion, on the understanding that we are seeking to create a container of shared life experience.

For example, there could be a huge disconnect that could occur between 9 and 13 year-olds (children and teenagers).

Are transgender girls welcome at G Day?

Absolutely. G Day's understanding of the term "Girl" includes any person who falls into the specified attendee age range who identifies herself as a Girl.

If you have any questions or ideas on how G Day can be more inclusive, please email toronto@gday.world

Who is considered a "trusted" or "important" adult in a girl's life?

Girls are invited to bring any adult(s) who plays a meaningful role in supporting girls' healthy and happy present and future - parents/guardians/step-parents (not just moms), aunts and uncles, godparents, elders or grandparents, older siblings etc.

Do girls have to attend with an adult?

There may be scenarios where an adult/guardian is dropping their child off for the day. In this case, we ask that the adult/guardian arrange safe travel for their child to and from G Day, accompany them to registration, explain that their child is required to stay on site all day and acknowledge that the providers of this event are not responsible for that child outside of the specified start and end times of the event.

If girls are coming as part of an organization, an adult representative of the organization will have to attend the full day and cannot leave the premises.

Can girls bring more than one adult to G Day Toronto?

Definitely! If the adult is important to a girl, they're welcome to join. Please note that tickets are required for all adults.

How much time will girls and adults spend together?

We'll start the day altogether, then girls and adults will separate for their own tailored programming, and then everyone will come back together at the end of the day for a celebration.

What will the day look like? What will girls and adults learn and do?

G Day Toronto is a one-day event that celebrates and supports girls' transition from childhood into adolescence with amazing speakers, workshops, and activities.

Important adults in their lives also attend the event and have their own programming to help them learn how to support their girl (and themselves) during this time in a girl's life. [Please check here](#) for updates on the program & presenters

Is G Day a menarche (first period) celebration?

G Day is not a menarche celebration: it is intended to include a broader range of girls, some of whom will have reached menarche, and others not.

We hope that families of G Day girls who reach menarche may be inspired to create a personal celebration, however given that G Day was founded by the founder of [Lunapads](#), it's important to point out that G Day is about the transition into adolescence, not puberty or menarche.

What's the difference between adolescence and puberty?

Adolescence is the psychological and social transition that starts at approximately age 10 and ends at approximately age 20, and is governed primarily by brain development. Puberty is a period of reproductive and physical maturation that occurs during adolescence.

Who's speaking at G Day?

[G Day Toronto speakers](#) are either experts in their field or have lived experience with the topic they're speaking about (usually both!). We're working to select speakers who reflect girls in Toronto.

We're so grateful for all our speakers - they are all donating their time to G Day Toronto (they may receive a minimal honorarium)!

What if a girl, adult, or speaker/facilitator has accessibility needs or needs accommodation?

When you click "[purchase your ticket today](#)," it will take you to a registration form where there's an opportunity to fill out if you/your girl (s) require any special needs assistance. It includes, but is not limited to: assistive devices, ASL interpreter, personal support worker, free lunch assistance, food allergies/restrictions/sensitivities, child minding etc. If you would like to provide any further information here on how we can meet your needs, please let us know at toronto@gday.world.

When letting us know [if you would like a free ticket](#), there is also an area to indicate any special needs assistance.

Who is responsible for G Day?

United Girls of the World is a Vancouver-based registered charity founded in 2014. G Day is a program of the [United Girls of the World Society](#).

How is G Day funded? Where does the money for the tickets go?

Ticket sales go towards running G Day. Since tickets only cover a small part of the cost of G Day, we fundraise the rest.

How are you making this event inclusive?

The volunteer organizing team (see below for who we are) are actively working to make G Day inclusive, accessible, and welcoming to girls and adults who aren't usually reflected in these events.

Some of the ways we're trying to do this are by providing free tickets to whomever needs them, providing accommodations as needed, briefing speakers on inclusive language and facilitation practices, and accepting feedback.

We welcome comments, questions, and feedback about what we could add or change to make G Day more inclusive. Please email toronto@gday.world.

If you or your girl have any accessibility needs, please let us use the registration form to let us know and we'll work to accommodate them.

Who is the G Day Toronto volunteer organizing team?

Meet the Toronto team!

[Leah Meers](#)

[Simona Ramkisson](#)

[Erin Blanding](#)

[Angelique de Montbrun](#)

[Kathryn Meisner](#)

Please say hi when you see us at G Day Toronto! We love meeting girls and their adults.

I have a question that's not answered here - what should I do?

Email toronto@gday.world and we will respond as soon as possible.