

# A Day Just for Girls: G Day Vancouver 2015

OCTOBER 21, 2015

Stylust Magazine is so excited to announce and share the news that G Day for Girls Vancouver is back again! The day-long event will take place this Friday October 23rd, 2015 at the Creekside Recreation Center, 1 Athletes Way, in Vancouver, BC and will mark the third event to take place in the city.



*“G Day is designed to build girls’ self-esteem, as well as compassion and respect for other girls,” shares G Day founder, Madeleine Shaw.*

This year's event is inspired by the African proverb, "It takes a village to raise a child," and will feature interactive workshops and activities that help girls find their voice, connect with other girls in the community, and teach powerful leadership and empowerment skills. The activities will be presented by local personalities like Sonia Sunger, Andrea Reimer, Alexa Loo, and Michele Kambolis.

Tickets for girls are sold out but there are still a couple of tickets left for Champions – parents, guardians, sisters, or aunts – that want to be there to experience G Day with their girls. For more info on tickets, visit the [G Day for Girls website](#).



Sandra Garcia of [Conscious PR](#) invited our editor and founder, Lindsey W, to share a G Day story on their blog. A G Day story is in short journal entry format and allows women to share a story from when they were entering adolescence and what they remember feeling. There are so many inspiring stories from other Vancouverites that you should definitely check out, but here is a little excerpt:

*When I was in the sixth grade, going through puberty (and most specifically, getting my period) was a huge deal to me. It was an experience that I thought would forever change me. That life would purposefully draw a line, I would cross the line, and be instantly dubbed a woman. I sat in health class as they handed out samples of deodorant and panty-liners and thought to myself, I'm going on an adventure.*

*I was never really the cool girl but I wasn't really a loner either. I had my group of friends and was very social but I did get picked on quite a bit. I thought by entering puberty, I would be a part of something huge, that I would be joining all the other girls in womanhood and it would instantly bond us and I could move past all the elementary school politics.*

See the rest of Lindsey's story [here](#).