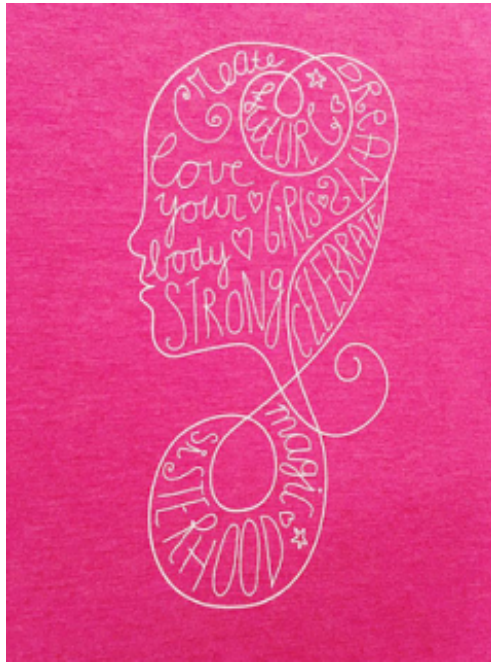


Sunday, October 11, 2015

G day For Girls: Vancouver - Oct 23, 2015



G Day will be returning to **Vancouver on October 23rd, 2015** and will be held at the Creekside Community Recreation Centre. It will be a full day event where 150 girls aged 10-12 will participate in a modern day rite of passage.

"At G Day, we believe that once upon a time, communities around the world gathered in ritualized celebrations to honour the transition from childhood into adolescence. While vestiges of this tradition can still be seen in some cultural and faith traditions, for the most part in urban, secular life, it has sadly been lost.

G Day is re-imagining this lost tradition and employing it as an antidote to the culture of social comparison and competition by exploring girls' shared experience in a safe, supportive and inspiring environment.

We are creating a global social movement, starting with holding events in communities across Canada where Girls and their Champions (parents/guardians and others playing a meaningful role in supporting Girls futures) can come together to welcome, witness and receive Girls as they enter the next phase of their life journey.

At G Day, we become the "Village", if only for a day."

Details:

* Friday **October 23**, 2015, 9:30am-5:00pm

* Tickets \$75 for girls and adult champions - **tickets are sold out but there is a wait list**

* Creekside Community Centre, 1 Athletes Way, Vancouver

Speakers at this G Day will include: Global TV's **Sonia Sunger**, THEGROOVE Fitness Master Trainer **Liz Zdunich**, two-time Olympic snowboarder **Alexa Loo**, Clinical Therapist and Mental Health Expert **Michele Kambolis**, City Councillor **Andrea Reimer**, and many more. See the full list of presenters [here](#).

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#GDayforGirls