

G Day for Girls

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After the success of previous years, G Day for Girls is back in Vancouver on October 23, with another event in Victoria for those on the island. The event is designed for girls aged 10-12, the confusing time of puberty when girls are trying to carve out their identities amidst heavy media pressure to be a certain way. G Day for Girls was created as a social movement to empower young women going through the tricky time of adolescence, teaching them to be empowered and confident while being kind and considerate of one another. The event is a celebration and creation of sisterhood amongst young women and is designed to show them that the future is bright and full of possibilities. There are also more than 50 volunteers to help to make this day special and educational for all the girls involved. Last year's event was a huge success so help G Day for Girls be another positive experience for young women in the Lower Mainland. More than 250 girls and their caregivers will participate, listening to engaging speakers and taking part in fun, creative activities.

www.gdayforgirls.com